

April 2015: The Era of Recovery



We have seen the era of treatment; we have now entered the era of recovery.

The disease of addiction is a health issue and it impacts all Canadians. For the past two years, FAVOR Canada had been working on a National Recovery Summit. By teaming up with the Canadian Centre on Substance Abuse (CCSA), this historic event was made possible so we thank you!

On January 27 and 28, 2015, individuals from across Canada representing recovery, treatment, continuing care, education, research and government came together to create a united vision for what Recovery means in Canada. This document is the result of that Summit, and an important step toward promoting Recovery in Canada.

Vision:



Through this National Commitment to Recovery in Canada, we collectively declare our vision for a Canada in which:

Recovery is real, available, attainable and sustainable. Recovery is an ongoing journey free of stigma and discrimination. Individuals, families, workplaces and communities are celebrated for their perseverance and commitment to Recovery. Recovery-focused services and supports are based on collaboration and partnership.

Overarching Principles:

- There are many pathways in Recovery. Recovery requires collaboration
- Recovery is a personal journey toward wellbeing. Recovery extends beyond the individual
- Recovery is multidimensional. Recovery involves everyone

Let's celebrate Recovery!

In order to move the vision forward, a Recovery Advisory Council has been formed with the CCSA. FAVOR Canada is proud to be part of the rising movement!

Faces and Voices of Recovery Canada promotes recovery awareness through <u>Recovery Day</u> which happens during National Addiction Recovery Awareness Month-every September. Public celebrations are being held across the country. Please check the site for your city's Recovery Day event. Don't see your city listed? We can help you start one. There are many possibilities for events such as hosting rallies with speakers, street marchs, lunches, movies, and more. FAVOR Canada provides support through the maintenance of the Recovery Day website and provides a toolkit, logo and poster to cities that are celebrating with us.

Support Motion-M551 to Declare September

NATIONAL ADDICTION RECOVERY AWARENESS MONTH

With the marked increase of individuals and families looking for a SOLUTION to addiction, and the rise of grassroots organizations working to help break the associated stigmas through public celebrations such as <u>Recovery Day</u>, we urge you to write a letter to your MP is support of Motion M-551.



ADDICTION is a HEALTH CRISIS in Canada. Motion M-551 calls for a focus on supporting recovery from addiction by creating National Addiction Recovery Awareness Month. Recovery is a lifelong process, requiring ongoing support. There is cause to celebrate the many pathways to recovery. The United Nations and the United States have declared September National Addiction Recovery Awareness Month and we want to Canada to join them. PLEASE ACT NOW

Interested in sharing your story? Want to be a face and voice for recovery in your community? FAVOR Canada is looking for people to add to our speakers bureau in order to help spread the message. We all have a unique story to tell-If you have lived experience and a desire to make change happen, contact **lisa@facesandvoicesofrecovery.ca** to find out how to get involved with FAVOR CANADA. Let us know who you are, the city you live in and a bit about your story