

September 2018: See Your Self(ie) in Recovery



This year, as part of National Addiction Recovery Awareness Month across Canada, we are introducing our See Your Self(ie) in Recovery campaign. Our goal is to encourage those who are celebrating the experience of being in recovery, to share a photo with us.

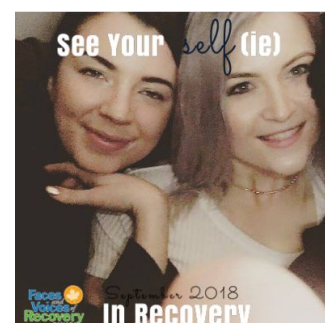
Whether it is at a [Recovery Day event](#), at home, out with friends or any other moment you want to share, we are asking those who are willing to take a “selfie” to capture these special moments and help us share them with others.

We will post your picture on our [Faces and Voices of Recovery Canada Website](#) in a photo gallery where people can view them, allowing them to find encouragement, empowerment and fellowship. [Send Your Selfie](#).

Facebook Frames

Show your support for FAVOR with a Facebook Frame!

1. Visit www.facebook.com/profilepicframes
2. Search for 'see your selfie'
3. Click 'use as profile picture' to save



Recovery Month

September marks National Recovery Month, a celebration of the gains and milestones made by those in recovery. As well as increasing awareness and understanding of mental and substance use disorders, National Recovery Month reinforces the positive message that behavioral health is essential to overall health, and people can and do recover. Find your nearest event [here](#).